



The **CODY SHEPPERD** project

**TOGETHER**  
WE WILL STOP THE SILENCE



6<sup>TH</sup> ANNUAL

**GOLF**  
**TOURNAMENT**  
**2023**

*Paul, Darcie and Eric along with family and friends started the Cody Shepperd Project to support our community.*

*Centre Wellington had been experiencing a mental health crisis among our youth since 2017 with the loss of nine lives to suicide within an eight-month period, in 5 short years that narrative has changed, it is now our community supporting our youth and mental health. Since September of 2018 with the support of our community, sponsors, donations friends and family the Cody Shepperd Project's annual memorial golf tournament, Neil Dunsmore's walk from Elora to Ottawa, along with Paeton Drexler and her team at CWDHS has to date raised over \$150,000.00 to mental health supports and initiatives within center wellington. Now, more than ever, The Cody Shepperd Project is committed to engaging our community and Stopping the Silence With increased trauma resulting from the impact of Covid 19, the crisis has worsened. Children's helplines are reporting a 350% increase in calls from kids experiencing anxiety and mental health concerns. We need to act now to prevent further loss and tragedy.*

*For the 6th Annual Cody Shepperd Memorial Golf tournament, we have partnered again with The Grove Hub Fergus, Youth mental health and wellness by youth for youth. [www.thegrovehubs.ca](http://www.thegrovehubs.ca).*

PROUDLY SUPPORTING



**THE GROVE**  
YOUTH WELLNESS HUBS ONTARIO

# The **CODY SHEPPERD** project

Funds from the 2023 Cody Shepperd Project Memorial Golf Tournament support the Youth Ambassador roles at The Grove Hub in Fergus. A Youth Ambassador is the first person a youth sees when they enter the Hub. They provide a warm, friendly welcome, orientate the youth to the space and become a peer support the youth can rely on. This is a vital role at the Hubs and these roles are only funded by philanthropic donations.

Over the past 12 months, there have been over 28,000 visits by youth to The Grove Hubs. These spaces are available because of the generous support of sponsors, donors, participants, and volunteers of the annual Cody Shepperd Project Memorial Golf Tournament. We are grateful for your commitment. You are truly having an impact on youth in our community.

The Grove Hubs are your one-stop shop for youth mental health and wellness.

Youth between 12 and 26 years old can drop into any site to connect with friends as well as access critical wellness support and mental health services.

The Grove sites offer support for a wide range of needs including mental health, substance use, primary care, education, employment, training, housing and other community and social services. There are no costs for youth to access the Hubs and utilize their program and services.

Cody Shepperd wore many hats, including, loving son, supportive brother, trusted friend and accomplished athlete. What began as a mental health journey, eventually turned to the most challenging fight of his life. Cody was strong and fought hard to overcome his mental illness, while surrounded by a community of friends and family who loved and admired him. On October 20, 2017, Cody was unable to continue the fight.

At the young age of 20, Cody died by suicide.

Our lives were forever changed on that day. With the loss of our son, came an overwhelming need to fight. Cody has inspired all of us to fight for those who continue to suffer in silence. Through The Cody Shepperd Project, we are committed to raising awareness and supporting local programs and services that address mental health and well-being. Our community needs us.

Sunday, September 9th, 2023  
8:00am – 2:00pm (Shotgun Start)

Wildwind's Golf Club

Teams of 4, \$170 per player  
18 Holes, play best ball  
Cart, Cody Shepperd Project  
Bucket Hat and Lunch is  
included



# The **CODY SHEPPERD** project

## PLATINUM SPONSOR

- Full Page company logo and advertisement on the Cody Shepperd Project Website
- Complimentary Golf -Two foursomes
- Logo on putting contest sign
- Large, branded sign upon entry of the course

**\$5000.00**

## SILVER SPONSOR

- Company logo on the Cody Shepperd Project Website
- Complimentary Golf -One foursome
- Logo on putting contest sign

**\$1000.00**

## HOLE SPONSOR

- Logo or Family recognition on one of the competition holes around the course

**\$100.00**

## RAFFLE PRIZES/IN KIND DONATIONS

Should you wish to donate prizes for our Raffle or just donate to The Cody Shepperd Project, your Company and the prizes you have donated will be promoted in certain communications with registered teams.

## GOLD SPONSOR

- Half Page company logo and advertisement on the Cody Shepperd Project Website
- Complimentary Golf -Two foursomes
- Logo or Family recognition by all competition holes within the course

**\$2500.00**

## BRONZE SPONSOR

- Company logo on the Cody Shepperd Project Website
- Logo or Family recognition on one of the competition holes around the course

**\$600.00**



## VENUE

**WILDWINDS GOLF COURSE**  
8136 Wellington 22,  
Township Of Centre  
Wellington, ON  
NOB 2K0

## CONTACT US

Please take moment to review your options. If you like what you see, or would like to learn more, please contact Darcie Shepperd at [thecodyshepperdproject@gmail.com](mailto:thecodyshepperdproject@gmail.com). We are committed to working with our sponsors to ensure a mutually beneficial partnership especially at this time when so many businesses are struggling.

